



10 mile Time Trial  
24th April 2014

## **Parking / Registration**

There is a car park behind Inchtute Village Hall if riders are driving (see map for directions). You can also setup bikes and turbo trainers there.

Please remember your **race licence** for registration and that you are silver or gold British Cycling member. **Registration from 6pm and closes at 6.45pm.**

## **Starting Area**

It will be a short cycle out to the Starting Area (see map). Distance just over 1 mile away from hall, please give yourself 5-10mins to get there on time.

Not much space here so can you please not bring your cars down to the start area.

## **Course**

### **See map below**

The course should prove quite interesting as it's not pan flat and has a few inclines to keep you on your toes. Roads are narrow and there maybe the odd car or tractor, so please do not ride in the middle of the road.

The route Starts at Ballindean then out to Glendoick with a dead turn so get your road position right before coming up to it; there will be signs before to let you know it is coming. Then back to Ballindean, finishing just as you enter Ballindean, again it will be clearly marked.

Another thing to be aware of there is a hidden dip just past Fingask. You won't be able to see returning riders or traffic so be careful, keep yourself on your own side of the road.

Riders should take care and obey the Traffic rules of the road.

**Thank you and good luck!**

## **Contact Information**

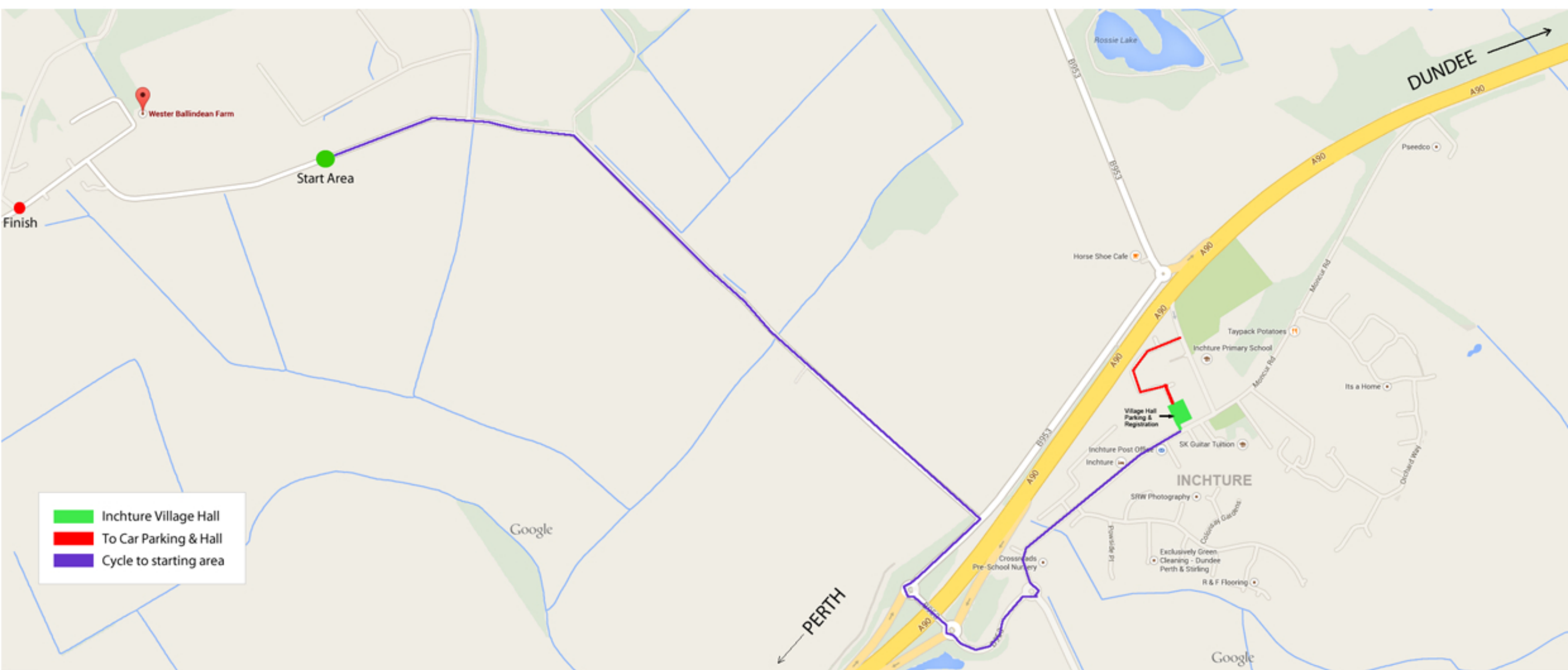
If you have any questions then please contact our Event organiser.

**Chris Kennedy**

**Mobile: 07767 833666**

**Email: [chris@cogvelo.co.uk](mailto:chris@cogvelo.co.uk)**

# Parking / Start Area



# COG 10 mile TT

